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**PRESS RELEASE
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Westland Nursing & Rehabilitation Centre Residents Take a Field Trip to the Cider Mill

WESTLAND, MI, November 21, 2011 – On October 15, 2011, 13 residents, as well as 13 staff members went on a bus ride to Apple Charlie's in New Boston, a family-owned apple farm for over 50 years. The residents were so happy to have an opportunity to go and sample some fresh cider and donuts, that they were singing and having fun the entire trip.

The first adventure, after arriving at the 95-acre farm was a fun-filled hayride and since, there were so many people, they had to take two trips. Everyone was amazed at all the different types of apple trees as they wended through the apple orchards, including the dwarf apple trees for easy apple picking. While the residents were enjoying the hayride, staff members scurried through the orchards, picking apples for the residents to enjoy. However, before indulging in the tasty fruit, the residents were instructed to polish the big, red, juicy apples.

As part of the tour, everyone was thrilled to see how the fresh cider is processed, including the sorting of bad apples from the good apples and the mashing and pressing of the apples to produce the tasty cider everyone enjoys.

The visit also included a tour of the animal farm, where residents got to see cows, horses, Pigmy goats, a turkey and even a llama. Everyone was a little surprised, not to mention, a little scared to see the bee hives, where the farmers get the delicious honey from.

Towards the end of the adventure, residents were directed to the Pavilion, where they got to sample fresh cider and homemade donuts and most of them purchased some of the goodies for a treat later at the facility. On the trip back home, everyone had such a great time and they were so tired from all the festivities, the bus was very quiet. The residents were so thankful for the fun outing, that they mentioned they look forward to doing it again next year.

Olympia Group is an alliance of extended-care facilities that is committed to providing a continuum of short-term and long-term care services. The 230-bed facility is conveniently located in Westland, across from the Westland Shopping Mall between Wayne Road and Newburgh. Westland provides a wide variety of services to promote recovery from orthopedic injuries, including fractures, dislocations and hip/knee replacements; surgery; acute onset of medical condition; neurological disorders, such as stroke, traumatic brain injury, Parkinson's and ALS, as well as neuromuscular disorders and other complex diagnosis. Whether the need is for short-term intensive therapy or for an extended stay, the dedicated and compassionate staff at Westland helps each resident feel at home.

The Olympia Group Healthcare Network consists of five other facilities, Ambassador Nursing & Rehabilitation Centre in Detroit, Father Murray Nursing & Rehabilitation Centre in Centre Line, Imperial Healthcare Centre in Dearborn Heights, Regency Healthcare Centre in Taylor and St. Joseph's Healthcare Center in Hamtramck.

If you would like additional information, please visit our website at www.WestlandCC.com or contact the Admissions Department at (734) 728-6100 to arrange a personal tour.

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